

CRIMINONEWS

CRIMINON MEANS "NO CRIME" | REHABILITATION IS POSSIBLE

2ND QUARTER 2022





Criminon Florida

is part of an international non-profit network dedicated to helping inmates learn to be productive members of society.

Facilitator leading a seminar

CRIMINON ONSITE SEMINARS

Learn to be happy and get the facts about drugs through our powerful seminars

In addition to distance learning courses, Criminon Florida offers two onsite seminars, *The Way to Happiness* and *The Truth About Drugs.*

Each seminar is led by a facilitator who is responsible for playing a video covering a specific concept

or precept and ensuring each student in attendance fully understands the material viewed. The facilitator then leads a discussion from set questions designed to ensure each student understands the principle discussed and sees how it can be applied to their life.

These seminars are powerful. The combination of the video, facilitator and group discussion raises understanding of the principles involved. Participants gain perspective on their fellow students' lives, views and experiences.

Here is a testimonial from Cynthia, one of our participants in *The Way to Happiness* seminar:

"I feel very strongly about this course, I believe it is the best one offered at this compound and let me explain why. I am not saying that it is more important or elevated above others, what I am saying is that by following the precepts one can achieve happiness

and be a good human being, regardless of their belief structure in faith. This is a universal application that affects all of us and if we

were all to apply them to our lives then we would propel a greater tomorrow and a peaceful existence. This is at the core of all religious belief....love... understanding... being moral."

Over 1,300 students have completed a Criminon seminar to date. If you would like to explore the possibility of bringing one of our seminars to your facility, write to Alison and let her know who to contact to discuss getting a seminar started!

- The Criminon Florida Team



WHAT CRIMINON STUDENTS ARE SAYING

THE WAY TO HAPPINESS

The main thing I took away is how to control my emotions. I am not as angry as I used to be. I used to blame others for everything that happened in my life. Now I believe that I caused everything that happened to me – either directly or indirectly. I became more compassionate and understanding of people's pain and suffering. I learned clearly what forgiveness is. Thus, I forgave all the people that I believe did me wrong. In fact, I wrote all the people that I hurt a personal letter asking them if they can forgive me. | Endal H.

THE TRUTH ABOUT DRUGS - EXPANDED

The course helped me open my eyes to the reality of our drug culture.

| Brian C.

PERSONAL INTEGRITY COURSE

Personal integrity is a moral compass in one's life. This course made me realize how easy it is to slide away from it. It also reminded me that I am in charge of how I handle a situation or choice I make. I've relearned to be true to myself, to always keep my word and to respond instead of reacting.

| William C.

THE TRUTH ABOUT DRUGS

This course tells the ugly side of drug use. The vitamin depletion of drug use explains the aftereffects of feeling down or sick afterward, then a subsequent use of drugs to alleviate the down or sick feeling. This can start an out-of-control habit very quickly. The course is like finding a beautiful woman, then finding out she's a nutcase. This course would help people find out she is a nutcase sooner, without having to go through the addiction and suffering.

| Bradley M.

UPS & DOWNS IN LIFE

have gotten something out of every course, however, I think this course was most beneficial. The people I surround myself with have such an impact on my life. This course really drove that point home and gave me valuable tools to identify who is an asset to my life and who is not. | **Deborah R.**

THE TRUTH ABOUT DRUGS

y biggest win from this course is reinforcing my sobriety. I didn't know things like dulling of the senses, drugs staying in your system for a long time, and the psychological feelings when a drug wears off. This course helps explain some of the unknown issues I had starting and during my clean time for the last few years. | John F.

LEARNING IMPROVEMENT

have a life sentence and I almost gave up on life. I signed up for Criminon hoping I could learn how to achieve happiness so one day I could be successful in life. Because my supervisor didn't give up on me, I learned not to give up on myself. Following the steps I learned in this course, I recently found a legal rule that said I deserve my conviction overturned. Criminon helped me bring in positive energy. | Garvey B.

COMMUNICATION TOOLS

This course reminded me that communication is never one-sided; that in order to have an effective communication going, it has to be a two-way street. One must listen

WANT TO SHARE WHAT YOU'VE LEARNED WITH OTHERS?

The best way to do this is to get OTHERS to sign up for The Way To Happiness Course. It's a fun game you can participate in. Just give a yellow card to someone who is not already on the course, have them fill it out themselves and send it in - no postage required. Or they can write us a letter requesting to start the course. Earn a special commendation when three students you refer send in their first lesson.

YELLOW CARDS ARE FOR SIGNING UP NEW STUDENTS ONLY.



We want to hear from you!

Tell us about your wins and successes.

Write us at Criminon FloridaPO Box 2396 Clearwater Florida 33757

first before giving feedback, and it doesn't matter who is right or wrong. With effective communication, you both still could agree to disagree.

| Brian W.

SUCCESSFUL PARENTING SKILLS

never knew the value of "consulting a child's willingness." Never knew about the damaging effects of loud screams meant to get a child's attention. Now I understand key tools, communication techniques and properly applied assists. Every parent should be encouraged to study this material as the lessons are key in the battle to transcend man's inhumanity to man. | Charles D.

CONDITIONS OF LIFE

This course was a big help in further developing and refining my analytical skills, as well as providing a new context in which I can organize my thoughts to aid in problem solving and statistical measurements. | **Richard W.**

THE TRUTH ABOUT DRUGS EXPANDED

rugs change the way people think and act. This course cemented the way I've perceived drugs more and more. It has guided me to help others in need - of the harms, risks and dangers of drugs.

| Edwin M.



STELLAR STUDENTS

What is a Stellar Student? He or she is one who has completed all of the required courses in our program. That is definitely an accomplishment. All of you should work toward becoming Stellar Students. You'll be glad you did.

Very well done to all of the students listed here for becoming a Stellar Student this quarter!

Charles D

Orestes R

Thomas E

Marcus S

Steven B

STELLAR SUCCESS

now you are appreciated and effective. Be proud of yourself for making a real difference in the lives of so many that may have otherwise been forgotten. Imagine all the families that are benefitting by having their loved ones return to them rehabilitated, instead of returning as a more bitter, broken version of themselves.... because without people like you, that is what prison produces." | Nathan C.



"There is no person alive who cannot make a new beginning." — L. Ron Hubbard

THE WAY TO HAPPINESS

Teaches a moral code that, when applied to one's life, leads to a person recovering his self-respect.

LEARNING IMPROVEMENT

Gives the main reasons a person gives up study and then teaches the tools of how to study correctly.

THE TRUTH ABOUT DRUGS

Covers the "hows and whys" of drug addiction and how one can become free from the hold that drugs can have.

PERSONAL INTEGRITY

Teaches the principles one can use to help regain one's own personal integrity.

HANDLING SUPPRESSION/UPS & DOWNS

Covers the reasons why a person feels like something is holding them back or stopping them from reaching their goals.

PARENTING SKILLS

Gives a better understanding of how to raise children so they become happy, loving, productive and valued members of society.



308 COMPLETIONS! APRIL - JUNE 2022

Tommy B

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Delis P

CRIMINON GRADUATES



Alexandre T	George M	Jereme B	ŀ
Duine E	I I C	l'	

Keith W Ned W

Kenta H Timothy H

Shellman P

THE WAY TO HAPPINESS COURSE

Brian W	Dwayne J	Francisco R	Jose G	Lorenzo C	Todd T
Cathy C	Earnest J	Gibril P	Joshua B	Matthew W	Travis D
Chedrick T	Eleanor H	Holden J	Joshua P	Michael T	May ma M/
Cody W	Endalkachew M	James S	Julian D	Nathal T	Wayne W
Cole W	Eric K	Jasper K	Kirston A	Roy E	
Darrius H	Ernesto C	Jerry D	Larry B	Rufus Y	

Linda H

THE TRUTH ABOUT DRUGS COURSE

Francisco E

Aaron H	Christopher C	Jonah M	Richard A
Bradley M	David L	Lawrence D	Shane G
Brian S	Jacqueline H	Leondo S	Steven J
Calvin B	James M	Lewis C	Zachary Z

Johnny T

SUCCESSFUL PARENTING SKILLS COURSE

Charles D	Marcus S	Orestes R	Thomas E
Joseph L	Nathaniel C	Steven B	

HOW TO MAKE GOOD CHOICES COURSE

Elizabeth T Keith M

THE LEARNING IMPROVEMENT COURSE

Allister F	Christopher C	Edward L	Loren A
Andrew St	Colton S	Garvey B	Matthew M
Andrew Su	Daimeyon O	Gerald W	Melanie E
Anthony M	Daniel G	Ira J	Roderick E
Brandon F	David M	Jerome S	Shawn B
Caleb D	Dennis T	John G	Trent K
Camari B	Douglas M	Julian B	Wesley L
Chad S	Edgardo A	Kyle G	

THE TRUTH ABOUT DRUGS EXPANDED COURSE

Alexandre T	Corea J	Jimmy G	Malando W	Regeania M
Brandon B	Edwin M	John Q	Michelle G	
Brian C	George M	Kenta H	Mikhal F	
Christopher R	Jason C	Leon F	Ned W	

HANDLING SUPPRESSION/UPS & DOWNS COURSE

Deborah R	James S	Lamont G	Michael B	Renard M	Waymon B
Dwayne L	Joey A	Lawrence R	Miguel G	Ricky N	William G
Earl M	Julian G	Linell F	Nathaniel C	Terry D	

PERSONAL INTEGRITY COURSE

Cieara R	Holly L	Terry D
Cordell W	Jamar M	Thomas M
Daniel L	Lawrence L	Timothy H
Gregory R	Moises R	William C

THE COMMUNICATION TOOLS COURSE

Brian W Robert M

CONDITIONS OF LIFE COURSE

Joel E Matthew O Richard W

