



# CRIMINON NEWS

F L O R I D A

CRIMINON MEANS "NO CRIME" | REHABILITATION IS POSSIBLE

2ND QUARTER 2020



Rehabilitation is Possible: That's our motto!



## Criminon Florida

is part of an international non-profit network dedicated to helping inmates learn to be productive members of society.

# REHABILITATION IS POSSIBLE

## Regaining Your Former Self

At Criminon, we believe that "Rehabilitation is Possible" – that's why it's our motto! But what does rehabilitation actually mean? Well, when you look it up in dictionary after dictionary, what you find is that to rehabilitate means to restore a person or thing to a former state of being or activity. That means we aren't trying to change or make you into something you aren't. We are simply trying to help you become who you were before you made the decisions that wound you up where you are today. And we want to do that because that version of you – the one complete with self-respect and respect for others – is far more likely than not to make decisions that

contribute to the well-being and happiness of yourself and others. And so we offer the courses we offer and in the sequence we offer them.



It begins with the common sense moral code in The Way to Happiness, then Learning Improvement and our drug education courses and concludes with a deeper examination of ethics, antisocial behavior and even parenting. The complete lineup of Criminon courses gives you the knowledge you need to flourish in all aspects of life and to prepare you for your journey ahead.

And that journey will only be successful if traveled by you - not by some artificial version of you or an idea of who you ought to be.

**- The Criminon Florida Team**



# WHAT CRIMINON STUDENTS ARE SAYING

## THE WAY TO HAPPINESS

**T**he Way to Happiness has given me basic tools to apply to everyday life. I feel better prepared and more capable of spreading positivity to others while remaining positive myself. Life is full of curves and we don't always end up where we expect. We can't control everything that happens to us, but we can control how we choose to react. We hold the power to be kind to others and we hold the power to make changes within ourselves and changes in those around us. | **Charlene H.**

## HANDLING SUPPRESSION

**T**his course was thought provoking and informative. It helps explain the motivating factors of the actions I've chosen to make, both the good and bad in my life. I accept responsibility for what I do, both the good and bad, though it is relieving to know I'm not going nuts and there are actually people in my life working against my success.

## WANT TO SHARE WHAT YOU'VE LEARNED WITH OTHERS?

The best way to do this is to get OTHERS to sign up for The Way To Happiness Course. It's a fun game you can participate in. Just give a yellow card to someone who is not already on the course, have them fill it out themselves

Knowing this and why this is being done is an eye-opener to say the least. Thank you. Now it's back on me to clean house and to also recognize future problems I will encounter with suppressive people. | **Joseph H.**

## LEARNING IMPROVEMENT

**I** was taught how to learn. There were a lot of things I didn't know about learning and how passing up words that I didn't understand could lead to my not catching on to the entire passage. Misunderstood words are the most important barrier to studying. You must understand words before you fully understand what it may be that you are doing. | **Jamar M.**

## THE TRUTH ABOUT DRUGS

**D**uring this course I've learned so much. It's amazing how someone thinks they know it all when it comes down to drugs until they actually sit down and read about drugs. I've learned that no drugs are OK to take, even the consumption of

alcohol. I also learned that my drug of choice, marijuana, contains 400 chemicals of which 60 have been proven to cause cancer, damage the lungs, nerves and the brain. This course was an eye-opener for me and I realize that I have to change my ways and the crowd I hang around, 'cause I'm not only hurting myself, but I'm also hurting the people that care about me. | **Eugene A.**

## PERSONAL INTEGRITY

**T**he Personal Integrity Course has been deeply challenging. One section was a thought-provoking self-analyzing wake-up call. The materials forced me to take a firm look at my misdeeds, accept accountability for them, and challenged me to grow beyond my unwillingness to disclose the who... what... where... when... and whys.... It is intriguing seeing myself, true self in the mirror, learning to be free. Thank you for helping me explore the truth. Respectfully. | **Charles D.**

and send it in - no postage required. Or they can write us a letter requesting to start the course. Earn a special commendation when three students you refer send in their first lesson.

**YELLOW CARDS ARE FOR SIGNING UP NEW STUDENTS ONLY.**



**We want to hear from you!**

Tell us about your wins and successes.

Write us at Criminon Florida  
PO Box 2396 Clearwater Florida 33757

## SUCCESSFUL PARENTING SKILLS

One of the many wins that I've walked away with was learning how to deal with kids in a whole new way that's beneficial to both parent and child. All the information was new to me so I found everything interesting. But one of the main things that I learned was how to consult with a child's willingness. That section alone helped improve my skills on working with a child's willingness. | **Oniel P.**

## A LIFE CHANGING EXPERIENCE

Change comes from anyone who really wants to change. The first thing in doing this is to be true to yourself. These courses have enlightened me to an outstanding degree, from The Way to Happiness to Successful Parenting Skills. When I started I knew there was no turning back for me. My most favorite courses are Personal Integrity and Handling Suppression. These two affected me strongly on a personal level during my journey through these self-improvement courses. I'm sure anyone who starts these courses will get all they need to start a new progressive life. Thank you Criminon for coming into mine. | **Tyrone K.**



# STELLAR STUDENTS

What is a Stellar Student? He or she is one who has completed all of the required courses in our program. That is definitely an accomplishment. All of you should work toward becoming Stellar Students. You'll be glad you did.

Very well done to all of the students listed here for becoming a Stellar Student this quarter!

Aaron L	Donald J	Peter M	Travon W
Andre M	Jonathon A	Rachael L	Tyrone K
Ashley M	Lillian B	Richard B	
Aubrey L	Michael S	Roger J	
Chris M	Oniel P	Ronderick W	

## STELLAR SUCCESS

Wow. Before completing these courses, I didn't have a whole lot of patience. Now with these tools I've not only used them to stay out of trouble but to also know how to de-escalate a bad situation and not make it worse. Thank you. | **Thomas P.**



# CRIMINON COURSES

"There is no person alive who cannot make a new beginning." — L. Ron Hubbard

### THE WAY TO HAPPINESS

Teaches a moral code that, when applied to one's life, leads to a person recovering his self-respect.

### LEARNING IMPROVEMENT

Gives the main reasons a person gives up study and then teaches the tools of how to study correctly.

### THE TRUTH ABOUT DRUGS

Covers the "hows and whys" of drug addiction and how one can become free from the hold that drugs can have.

### PERSONAL INTEGRITY

Teaches the principles one can use to help regain one's own personal integrity.

### HANDLING SUPPRESSION

Covers the reasons why a person feels like something is holding them back or stopping them from reaching their goals.

### PARENTING SKILLS

Gives a better understanding of how to raise children so they become happy, loving, productive and valued members of society.



# 329 COMPLETIONS!

## APRIL – JUNE 2020

### THE WAY TO HAPPINESS COURSE

Adam P	David W	Jackie B	Linell F	R.L. W	Thomas B
Arthur C	Dennis P	Jackie M	Luis C	Robert B	Thomas S
Arturo L	Derrick M	Jarvis J	Luis R	Robert C	Todd S
Brandon H	Dominic C	Jason B	Marcus M	Robert W	Travis W
Braxton N	Dominic G	Jason C	Markus B	Roderick W	Valencia S
Brian S	Douglas N	Jeffrey M	Michael B	Ronald D	Walker D
Brian T	Dustin H	Jeffrey R	Michael D	Ronald N	Wesley L
Charlene H	Dwight P	Jeremy B	Michael N	Samuel B	William B
Christopher F	Eddie C	John R	Michelle A	Samuel R	William C
Christopher P	Edward K	Johnny B	Millard H	Sharon M	
Christopher W	Erin K	Jose A	Nastasha H	Staci A	
Craig H	Ernest O	Jose U	Nathalie M	Stephan R	
Cynthia N	Floyd G	Joseph F	Nathan P	Stephen S	
Daniel C	Frank G	Kenneth P	Nikol C	Steven S	
David F	Frank T	Kurt S	Omar D	Terrence H	
David G	Freddy B	Lawrence R	Pedro L	Thaddeus D	
David M	Gary B	Lerandros S	Philip M	Thelma L	

### THE TRUTH ABOUT DRUGS COURSE

Alejandro B	Damian C	Ivy T	Louis T	Raymond C	Walter B
Andrew M	Daniel B	James T	Lucian B	Richard J	Woodie T
Anton H	Demitrius D	Jason S	Luis G	Roger L	
Antonio R	Eugene A	Jefferson T	Michael M	Ryan J	
April H	Felton S	Jeffrey M	Milton G	Sam J	
Charles L	Gary F	John P	Nathaniel E	Samantha R	
Chester W	Gregory F	Jose S	Nestor R	Steven P	
Christopher C	Heather K	Juan M	Otis C	Ted M	
Christopher O	Herberto C	Kristoffer H	Paul S	Victor G	
Clarence P	Ira H	Louis G	Quintillian L	Vincent A	

### SUCCESSFUL PARENTING SKILLS COURSE

Aaron L	Charles S	Lillian B	Rachael L	Travon W
Andre M	Chris M	Michael S	Richard B	Tyrone K
Ashley M	Donald J	Oniel P	Roger J	
Aubrey L	Jonathon A	Peter M	Ronderick W	

### UNDERSTANDING AND OVERCOMING ADDICTION COURSE

Christopher S	Dennis N	Jacob H
Daniel M	Israel E	Terence M

### CONDITIONS OF LIFE COURSE

David M	James K	Joseph Y	Mark H	Oniel P
---------	---------	----------	--------	---------

### THE LEARNING IMPROVEMENT COURSE

Alejandro B	Charlie G	Jamar M	Joshua D	Oshay H	Sergio V
Alonzo J	Chondra B	James T	Juan P	Paul S	Shuneal M
Anthony G	Cynthia N	Jason B	Kenneth W	Raymond M	
Anthony T	Damien C	Jason S	Kevin L	Renil E	Ted M
Benito C	Darrow S	Javier G	Lee T	Richard K	Terry A
Brian A	Dave B	Jeremiah S	Luc P	Ricky N	
Brian F	David Ha	Joey A	Lyndell D	Ricky S	Thomas B
Brian S	David Hu	Johnathon L	Marc F	Robert W	Walter B
Cameron H	Enrique M	Johnny M	Melvin H	Roderick W	
Charles M	Glenwood H	Joseph F	Miguel G	Saquin S	Zaid R

### THE TRUTH ABOUT DRUGS EXPANDED COURSE

Arnoldo S	Dorie T	Jayvon B	Michael Rod	Shamieikka F
Brian H	Dorivert L	Jon N	Michael Rom	Steven B
Chester W	Eddie J	Jonathan J	Orville B	Thomas B
Chris M	Elvis F	Larry W	Queen M	Timothy H
Clarence P	Gregory S	Lucian B	Reginald P	Vu'Zhuan J
Clarence R	Henry C	Malcolm S	Robert R	William G
Curtis H	James P	Matthew W	Rodney M	
Daniel E	James S	Michael B	Roshard W	
Donald M	James U	Michael J	Ryan B	

### HANDLING SUPPRESSION COURSE

Anthony T	David E	Jack T	Kurt V	Quirino O	Sivence W
Brent G	Edgar P	Jessie G	Lennox M	Ramon R	Wesley B
Brian C	Eudamus P	Joseph H	Nadege R	Ronnie W	
Cleveland W	Garry B	Kalvin Y	Napoleon B	Royce C	

### PERSONAL INTEGRITY COURSE

Barry C	Cody H	Jared B	Lawton A	Randy J	Walter S
Brent G	David C	Jermaine W	Michael C	Richard S	
Brian S	Edkah M	John T	Mitchell W	Ron M	
Bruno B	Gary D	Joseph M	Orestes R	Shaun M	
Charles D	George D	Kevin W	Paul L	Thomas M	
Charles M	James W	Larry W	Phillip C	Victoriano S	

### THE COMMUNICATION TOOLS COURSE

Jeffrey M	Keith F
-----------	---------